REMAIN OPTIMISTIC TO ACT AGAINST THE ECOLOGICAL CRISIS





DEBORAH'S PROMISES



A fun scientific approach



Zero guilt



Personal exploration anecdotes & videos



authenticity

Why don't we act hard Where to start and enough to face the how to deal with our crisis? feelings?

3 - FACE **PITFALLS**

How to align convictions and actions?

4 - EXTEND **WINGSPAN**

How to become impactful & influential in the ecological transition?

